Tues \& Thurs 17:30-21:20 in MPX 7540 (mini gym)

EDUC 459-4<br>Instructional Activities in Physical Education<br>E01.00

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## PREREQUISITE

Educ 401/402

## COURSE DESCRIPTION

This course is designed to enable teachers to plan and implement an elementary Physical Education program. Sessions will be both theoretical and practical in nature. Since the design of this course is to learn through experience, participation is essential. The course will focus specifically upon curriculum content in the areas of games, gymnastics, dance and lifetime pursuits. The topics of management, equipment and program planning will be included.

## REQUIREMENTS

- Attendance, participation and completion of required readings - 30\%
- Unit plan - 35\%
- Field observation - $15 \%$
- Group activity and lesson plan - 20\%


## REQUIRED TEXT

Kirchner, G. (1998) Physical Education for Elementary School, 10th ed. Madison, WI: Brown \& Benchmark.

In addition, there will be a $\$ 10.00$ charge to cover the cost for photocopied material.

## RECOMMENDED TEXT

Parker, P. et al. (1988). Creative Dance: Basic Skills Series. C.A.H.P.E.R./ ACSE Publications.
Burnaby-Coquitlam Physical Education Curriculum Project. Revised 1996.
Ministry of Education. (1995). Physcial Education K-7 Integrated Resource Package.

